

Sand Dunes

Trail Access: Sand Dunes Picnic Area

Allowable Uses: Hike, Picnic

Distance: 0.5 miles (round trip)

Difficulty: Easy

Hiking Time: 15 minutes (mapped route)



Trail Description

This trail begins at the Sand Dunes Picnic Area. From the Picnic area, head south towards the large expanse of red sand surrounded by basalt, sandstone, and sagebrush. Following this trail, you will hike through deep, shifting sands while seeing views of sandstone cliffs to the west and to the east. The mapped route leads from one edge of the sand dunes to the other, and ends at the outskirts of the dunes where the terrain turns from sand into rock, packed dirt, and plants. At the end of the trail, you can head to the western edge of the dunes and join the paved Whiptail trail, or turn back towards the dunes.

Special Features

While on the sand dunes themselves, you do not have to stay on-trail or follow the mapped route. These dunes serve as a giant sandbox and play area for adults and children of all ages, so feel free to explore and relax.

For visitors requiring a shorter, easier access point, a small roadside parking lot is available.

Safety and Considerations

Deep sand, slopes, and minimal shade may make hiking difficult. Wear appropriate footwear and bring water.

Park Rules

- All visitors are required to stay on mapped trails.
- Dogs must be leashed. Scoop and dispose all waste.
- Day Use hours are 6am-10pm.
- Pack out all litter.
- Fires are only permitted in the campground.