



Day-Use Fees

Day Use fees apply year-round. Pay online at parkspass.utah.gov or at Trailhead’s or Visitor Center.

Trail Guide

Trails are open to all non-motorized users unless mentioned in the description. The difficulty is based on mountain biking rating. ● *Green* is Beginner, ■ *blue* is Intermediate, and ◆ *black* is Advanced.

Dutch Hollow

- **Ale’ of a View:** *0.3 mi.* A short trail with the top of Phosphate Hill. Great views. Approx. 150’ climb with 15’ descent from Phosphate to the top of Phosphate Hill.
- **Aqueduct:** 0.8 mi. Singletrack follows ledge, rocky in areas. Approx. 37’ climb with 163’ descent from Dutch Canyon Rd to Cottontail Loop.
- **Barrel:** *0.7 mi.* **Upper** is Advanced and **lower** is Intermediate. Downhill trail with huge natural berms and a few spots to catch some air. No uphill traffic of any kind allowed, and no hiking or horseback. Approx. 100’ descent from Aqueduct to Throwback.
- **New Boneyard:** *1.2 mi.* Intermediate. Narrow trail with berm turns. Approx. 251’ climb with 131’ descent from Enchanted Forest to River Run. ◆ **Boneyard** at *0.4 mi*, take a hard left for an advanced ride on a narrow dugout wash connecting you to Flatline/1000 Turns/Enchanted Forest intersection. Approx. 83’ climb with 60’ descent.
- ◆ **Burnt Ridge:** *0.6 mi.* Exposed, very rocky, old jeep road. Approx. 218’ climb with 0’ descent from Heber Valley Overlook to River Run.
- **Cottontail Loop:** *1.2 mi.* Some rocky areas and nice views of the valley. Approx. 235’ climb with 164’ descent from the parking lot to Throwback.
- **Donkey Ridge:** *1.8 mi.* Connects Interlaken

- community to Dutchman way. Some tight switchbacks. Approx. 425’ climb with 32’ descend from Dutch Canyon Rd to Interlaken.
- **Double Dutch:** *0.2 mi.* Steep section coming off of Cottontail. Alternate to riding road between trailheads. Approx. 0’ climb with 42’ descent from Cottontail to Dutch Canyon Road.
 - **Dutch Hollow Canyon:** *3.2 mi.* A wide double track straight up the canyon. Some shale and river crossings. Approx. 1312’ climb with 25’ descent from the parking lot to the top.
 - **Dutchman Way:** *2.1 mi.* Fun for beginner mountain bikers with many corners to learn on. Approx. 520’ climb with 32’ descent from cul-de-sac to Prospect.
 - **Enchanted Forest:** *1.1 mi.* Punchy climbs but curvy and fun through trees. Not recommended for horses due to narrowness and height restrictions. Approx. 344’ climb with 65’ descent from Boneyard to Gobblers Gulch.
 - **Fenceline:** *0.1 mi.* Straight shot from Smooth Groove to Dutchman Way. Approx. 0’ climb with 65’ descent.
 - **Flatline:** *2 mi.* Fun, easy roll with not much traffic through the open country. Approx. 111’ climb with 183’ descent from Hwy 40 to Enchanted Forest.
 - ◆ **Gobblers Gulch:** *0.7 mi.* Some steep and narrow areas. Approx. 162’ climb with 215’ descent from Aqueduct to Boneyard.
 - **Gopher Flats:** *0.3 mi.* Fun easy downhill from the top of Sage to Lower Barrel. Approx. 0’ climb with 65’ descent.
 - **Heber Valley Overlook Loop:** *0.8 mi.* Rocky with scenic views of the valley. Approx. 42’ climb with 39’ descent.
 - **Interlaken Trail:** *1.4 mi.* Provides access from the Interlaken community to Dutch Hollow. Approx. 61’ climb with 146’ descent.
 - **Luge:** *0.4 mi.* Intermediate/Beginner. Short connector trail from Donkey Ridge to Interlaken trail and Dutchman

- Way. Approx. 18’ climb with 79’ descent.
- **Prospect:** *2.1 mi.* Up and down as it follows the contour line. Crosses a couple of seasonal streams. Approx. 376’ climb with 302’ descent from The Face to Dutchman Way.
 - **River Run:** *0.5 mi.* Double track with views of the Heber Valley. Approx. 34’climb with 55’ descent from Burnt Ridge to Boneyard.
 - **Sage:** *1.5 mi.* Beginner/Intermediate. Heads up the draw with some switchbacks near the top. Approx. 450’ climb with 53’ descent from the parking lot to Burnt Ridge.
 - **Smooth Groove:** *0.3 mi.* Connector trail. Approx. 12’ climb with 68’ descent from Dutchman Way to Fenceline
 - **The Face:** *1 mi.* Creates a loop with Phosphate. Connects Dutch Hollow to Pine Canyon. Approx. 85’ climb with 92’ descent from Prospect to Phosphate.
 - **Throwback:** *0.2 mi.* Provides a flat, easy way to get from Lower Barrel back to Cottontail (barrel return) for a continuous loop.
 - **Top Notch:** *0.9 mi.* Smooth with some rocky areas around the tip. Fun trail to get from the East side to the West side of Dutch Hollow. Approx. 180’ climb with 84’ descent from Dutch Canyon Rd to Enchanted Forest.
 - ◆ **1000 Turns:** *1.5 mi.* Technical turns. Not recommended for horses due to trail size and height restrictions. Approx. 198’ climb with 541’ descent from Enchanted Forest to Flatline.
- **Side Barr:** *0.5 mi.* Access from cabins/group area and campgrounds to Nature Trail. Approx. 222’climb with a 9’ descent from the parking lot to Nature Trail.
 - **Pine Canyon Bike Park:** 522 ft. Pump track. Perfect for anyone learning to mountain bike.
 - **Pine Creek Nature Trail loop/Glacier Outwash:** 2.5 mi. Recommended for hiking except where bikes travel from the Phosphate parking lot to the WOW trail. This is a great hike for families who are camping in the Pine Creek Campground. The trail follows the creek, crosses a few bridges, and ends at the glacier outwash. Approx. 500’ climb with a 501’ descent and return to the parking lot.
 - **Phosphate:** 2.5 mi. Recommended direction of this trail is from West to East to avoid user conflicts. Steep climb with a lot of switchbacks going up the west side and down the east side. This trail connects Pine Canyon trails to Dutch Hollow Trails. Approx. 542’climb with 458’descent from Lower Phosphate to Prospect.

Address Inquiries To:

- Dutch Hollow and Pine Canyon Trail Complex are open year-round from dawn until dusk. The vegetation in these areas is a mix of Shrub Maple, Gambie Oak, and Sage Brush. The Eastside of Dutch Hollow can be very hot in the summer months while Pine Canyon trails will be a bit cooler.
- Depending on conditions, Dutch Hollow has approx. 15 miles of groomed trails for winter recreation.
- Please be respectful of other users at all times.
- Dogs are allowed but must be on a maximum of a 6-foot leash and under control at all times.
- To avoid a fine, pick up after dogs and do not leave bags of dog poop along the trail. There are trash cans at all trailheads.

Trails Information

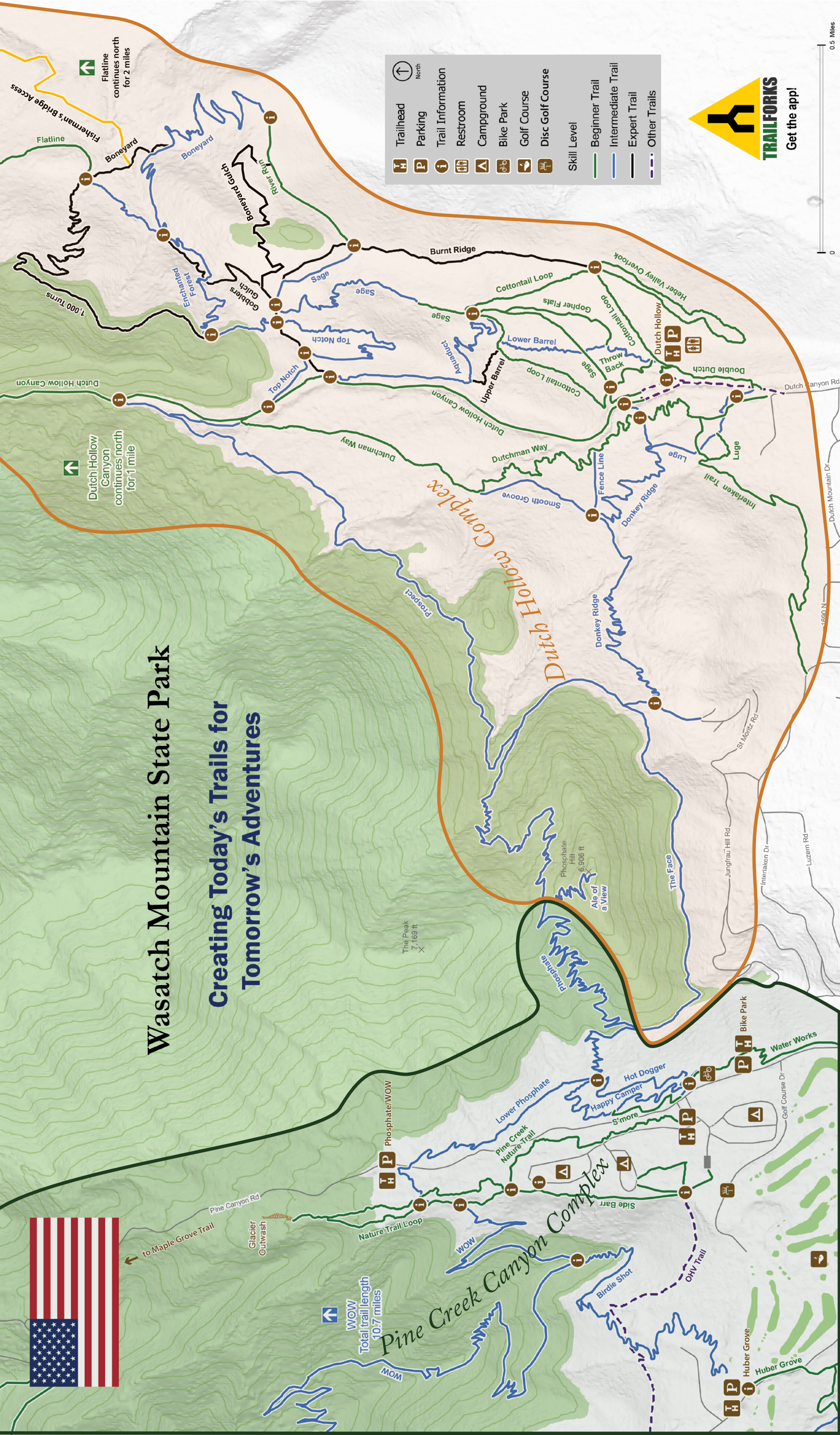
- **S’more:** 0.3 mi. Easy downhill flow trail that starts about 1/2 way up Happy Camper. No uphill traffic of any kind allowed, and no hiking or horseback. Approx 68’ descent from Happy Camper to the bike park.
- **Water Works:** *0.3 mi.* A wide gravel trail gets you off Pine Canyon Rd and takes you to the Bike Park. Approx. 95’climb from Warm Springs Rd. to Bike Park access.
- **WOW:** *10.3 mi.* 2-way trail but the majority of its use is downhill from Boulder Basin to the Phosphate Trailhead. Singletrack. Approx. 443’climb with 2668’descent from Boulder Basin to Phosphate Trailhead.

Pine Canyon



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