



Lava Flow

Trail Access: Lava Flow Trailhead

Allowable Uses: Hike

Distance: 2.5 miles (round trip)

Difficulty: Moderate

Hiking Time: 1.5 hours



Trail Description

From the Lava Flow trailhead, the trail follows a lava flow dotted with cactus, yucca, and ephedra before arriving at a dry wash bottom. From here, the trail leads directly across and climbs slightly to reach a high point along the expansive lava flow. Approximately 1/2 mile in, the Whiterocks trail enters from the right. Continuing straight along the sloping lava field, an education sign marks the entrance to the first of two lava tubes. Beyond this point, the trail gently heads downhill to a three way intersection, with the Butterfly trail entering from the left. Continue straight towards a pyramid shaped sandstone knoll. The trail makes a sharp bend to the right around the entrance of the 2nd lava tube. Beyond the cave entrance, the trail winds down hill and crosses a white sand drainage before ending at the intersection with West Canyon Road.

Special Features

This trail offers hikers a closeup view of a 27,000 year old lava flow. Along the way, hikers will find four education signs with information on geology and cave wildlife. The 3rd and 4th education signs mark the entrances to two lava tubes that hikers can explore.

Equestrian use permitted from West Canyon Road to White Rocks intersection.

Safety and Considerations

Uneven rock surfaces. Wear suitable footwear and bring flashlights to enter the tubes.

Park Rules

- All hikers are required to stay on mapped trails.
- Dogs must be leashed. Scoop and dispose all waste.
- Day Use hours are 6am-10pm.
- Pack out all litter.