



Hiker on top of Frary Peak

Trail Rules:

- Stay on designated trails. Off-trail use is prohibited.
- It is unlawful to remove, alter, or destroy natural features or harass animals.
- Dogs must be on a six-foot leash at all times. Domestic farm animals are not permitted (goats, sheep, llamas, alpacas)
- No bikes or horses are permitted on Frary Peak or Dooley Knob Trails.

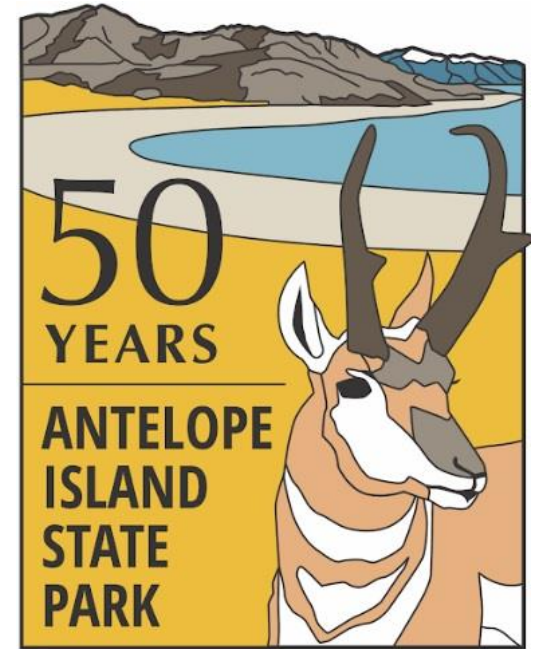
Seasonal Considerations:

During spring months (April – June), tiny biting gnats hatch and are present throughout the island. The best way to recreate during this time is to purchase a fine-mesh head net. Gnats die off in the summer.

Mail completed form to:

Antelope Island State Park

Attn: 50 Mile Challenge
4528 West 1700 South
Syracuse, Utah 84075



Antelope Island State Park

*50 Miles for 50 Years
Challenge*



For park directions,
information, and trail maps
visit antelopeisland.utah.gov
or call (801) 725-9263

Take the challenge

Hike, bike, run or ride on 50 miles of beautiful Antelope Island State Park trails and roads throughout 2019! You will enjoy breathtaking landscapes, natural wonders, improved fitness, and a chance to win an Antelope Island themed gift basket!

How it works:

- Complete any combination of the trails listed, tracking your progress as you go, throughout Antelope Island State Park's 50th Anniversary Year, 2019.
- Enjoy non-motorized recreation on any of the listed trails and roads.
- Feel free to hike, bike, run or ride your favorite trails more than once.
- Submit your log once you have accumulated 50 miles. Mail in the form or drop it off at the park to be listed on our website as a 50 Mile Champion, and be eligible for prizes at the end of the year.
- There is no cost to participate!
- Let us know you are participating by tagging your photos on social media: #Antelope50Challenge

Trail	Distance	Date(s) Completed
Beacon Knob	.8 mile RT	
Bone Road	2.7 miles 5.4 miles RT	
Buffalo Point	.8 miles RT	
West Side Trail	5.4 miles 10.8 miles RT	
Dooly Knob	1.5 miles 3 miles RT	
Elephant Head	2.8 miles RT	
Frary Peak	7 miles RT	
Junction Trail	1.8 miles 3.6 miles RT	
Ladyfinger Pt	.5 miles RT	
Mountain View	11.4 miles 22.8 miles RT	
Mountain View North TH to Frary Peak Turnoff	5.7 miles 11.4 miles RT	
Mountain View Frary Peak Turnoff to 8 Mile Trailhead	2.9 miles 5.8 miles RT	
Mountain View 8 Mile Trailhead to Garr Ranch	2.7 miles 5.4 miles RT	

Trail	Distance	Date(s) Completed
Gravel Pit	1.8 miles 3.6 miles RT	
Sentry Loop	5.6 miles RT	
South Island	8 miles RT	
Split Rock	5 miles RT	
White Rock	7 miles	

Roadway	Distance	Date(s) Completed
Causeway	7 miles 14 miles RT	
North Loop	4 miles	
East Side Road	11 miles 22 miles RT	

Total Miles Completed: _____

Name: _____

Address: _____

Phone: _____

Email: _____

Please publish my name as a 50 Mile Champion on antelopeisland.utah.gov