

**MILL ANYON COMPLEX**

**How to Get There**

**Location:** Wasatch Mountains

**Distance from Redwood Road and North Temple, Salt Lake City to Tibble Fork Trailhead:** Approximately 40 miles or one hour. To Wasatch Mountain State Park. Approximately 50 miles or one hour.

**Travel Route to Tibble Fork:** South on I-15 to Highland exit, east on SR 92 up American Fork Canyon, then northeast on SR 144 to the trailhead.

**Travel Route to Wasatch Mountain State Park Visitor Center:** South on I-15, east on I-80 then south on US 40 to the center of Heber City. Turn right to Midway then follow SR 229 from Midway to the visitor center. See map for routes to trailheads.

**Ride Description**

There are approximately 75 miles of routes in this one-day ride system. The longest loop is approximately 50 miles. The shortest loop is approximately 15 miles. Add the distance from your chosen access point or trailheads to the primary loop.

**Time to ride:** A few hours to all day.

**Difficulty:**

- **Easiest**
- **More Difficult**
- **Most Difficult**
- **Extreme**

**Elevation:** 5,600 to nearly 9,240 feet.

**Signing:** All routes are or will be signed according to the symbols on the map.

**Best season to ride:** Late spring, summer and early fall.

**Things to see:** Wildlife (elk, deer, moose, coyote, eagles/hawks, etc.) There are great views of the Wasatch Mountain, Heber Valley, Utah Valley and distant mountain ranges. The backbone of the trail traverses the main ridge between American Fork Canyon and the Heber Valley. The Cascade Springs Interpretive Site is also located along the Cascade Springs Road. There are also great views of the Soldier Hollow Olympic Venue. Vegetation is Gamble oak, maples, Douglas fir, aspen, limber pine, Engelmann spruce and subalpine fir.

**Services**

- **Water, food, lodging and fuel:** Heber/Midway and several places in Utah County.
- **Restrooms:** Mill Flat, Soldier Hollow, Tibble Fork Reservoir, Cascade Springs, Timpooneke, Salamander Flat and Summit trailheads and the Little Deer Creek Campground.
- **Camping:** There are developed campgrounds in Wasatch Mountain State Park and American Fork Canyon. Contact the state park or Pleasant Grove Ranger District for fee information.
- **Dispersed camping:** Permitted in certain areas on the national forest. No dispersed camping is permitted in the state park. National Forest lands in American Fork Canyon are within a Recreation Fee Area. When using this portion of the trail system, a permit is required at all developed trailheads. Permits can be purchased at the entrance station at the mouth of the canyon. Fees may also be paid at fee tubes located at major trailheads.

**Cautions**

**Travel restrictions:** Travel through National Forest lands is limited to routes designated in the Travel Plan for the Uinta National Forest. Travel within the state park and on private lands is limited to routes shown on the map. Motorized travel is not permitted within designated wilderness.

**Federal and State Laws:** Know before you go. Ride responsibly.

**Wildlife:** Look, but don’t disturb.

**Hunting:** A hunting license does not give anyone the right to travel on closed roads, trails or areas, not even for game retrieval.

**Fire Check:** Check with Forest Service offices in Heber City, Provo or Pleasant Grove or Wasatch Mountain State Park in Midway for fire restrictions. Bikes are permitted within the state park except in developed camping sites. You will be responsible for any damage and cost associated with a wildfire you cause.

**Waste:** If you pack it in, pack it out. Do not bury trash.

**Special equipment needed:** It is usually not necessary, but may be desirable to carry a small saw or ax to remove dead trees from the trail, especially early in the spring or after a severe storm. Portions of the trail are remote. There is cell phone coverage in some areas.

**Caution:** Never ride alone and always wear your helmet.

**Difficulty Rating**

- **Easiest (solid green circle):** Gravel or dirt surfaces which are relatively flat and wide. Generally wide enough for an ATV to pass a full-sized vehicle. May be dusty but are relatively smooth throughout with no rocks or roots protruding more than three inches above the surface.
- **More difficult (solid blue square):** Loose gravel, sandy, rocky or slickrock surface. May have short sections which are narrow. Can have blind turns, steep or roller coaster grades, mud, dust, ruts and frequent changes in riding surfaces. Occasional obstacles may strike the frame.
- **Most Difficult (solid black diamond):** Rocky surfaces, sharp turns, switchbacks, steep grades, narrow passages, low overhangs, ledges and large rocks. Can be slippery and muddy when wet. May have tree stumps, limbs or other debris.
CAUTION
Never ride alone. Always wear a helmet.